

# Highfield Level 3 Award in Emergency First Aid (RQF)



This qualification is designed for those learners already working or preparing to work in industry and that have been identified within the company's risk assessment of First Aid. It is typically delivered as a one day programme (6hrs). It also meets the SIA entry requirements for First Aid and Top Up training for security officers/door supervisors.

The objective of this qualification is to support learners in becoming emergency first aiders in the workplace. The content of the qualification meets the HSE requirements for training emergency first-aiders in those organisations that have identified that staff need to be trained to this level within their first-aid needs assessment.

The qualification covers knowledge such as the roles and responsibilities of the first aider and how to assess an incident. The qualification also covers first aid skills in CPR and use of an AED, providing first aid to a casualty who is choking and dealing with bleeding and shock, burns, severe allergies (Anaphylaxis) and how to deal with minor injuries such as nose bleeds, splinters etc.

In line with guidance provided by the HSE, the qualification supports/approves workplace first aiders for a period of 3 years, after which point learners will need to retake the course. In addition to this, it is recommended learners refresh their knowledge annually.

Automated external defibrillators (AEDs) are extremely straightforward to use and on our course we will give you the skills and confidence to use an AED and perform basic life saving skills. We can also advise your business on the appropriate risk assessments required for first aid and on the purchase of AEDs.

## ***Qualification Structure***

This qualification consists of one mandatory unit, which you must complete successfully in order to achieve the qualification:

### ***Unit 1 - Emergency First Aid in the Workplace***

- understand the role and responsibilities of a first aider
- be able to assess an incident
- be able to manage an unresponsive casualty who is breathing normally
- be able to manage an unresponsive casualty who is not breathing normally
- know how to recognise and assist a casualty who is choking
- be able to manage a casualty with external bleeding
- be able to manage a casualty who is in shock
- be able to manage a casualty with a minor injury

## Entry Requirements

Learners are required to be 16 years of age prior to certification. It is also advised that learners must have a minimum of level 1 in literacy reading, writing, speaking and listening.

## Assessment

The qualification is assessed by the following two methods:

### 1) Practical observation

The practical assessment is completed throughout the course delivery. This ongoing assessment requires learners to demonstrate practical first aid skills.

### 2) Centre-marked multiple-choice theory assessment

Learners are required to answer a series of multi-choice questions to test their knowledge.

The qualification is valid for a period of 3 years, after which point learners will need to retake the course. In addition to this it is recommended that learners refresh their knowledge annually.

**Duration:** 1 day attendance (6hrs)  
plus home study e-learning course

**For price and dates go to:** <https://www.ibauk.com/shop>

**Attendance:** 10.00-17.00 practical skills training  
Plus you must complete the e-learning at home approx.  
further 2hrs of study before coming to practical day.

## Blended Learning Courses

You must complete an e-course **before** attending the practical session. They are ideal for you if you require the EFAW as an entry level qualification to enrol on the SIA courses. They are flexible and you will have access to the e-course as soon as you have booked and paid for your course.

**Location** Royal Wootton Bassett location – please check joining instructions.

Our courses can also be delivered for your company on your site if you have at least 5 staff to train.

## Progression

*Upon successful completion of this qualification, you may wish to continue your professional development by undertaking one of the following qualifications:*

Highfield Level 3 Award in Paediatric First Aid (RQF)

Highfield Level 3 Award in First Aid at Work (RQF)

Highfield Level 3 Award in First Aid Response (RQF)

**CONTACT US NOW FOR MORE INFORMATION ON THIS COURSE AND TO  
BOOK YOUR PLACE ON 01793 855090 OR EMAIL OFFICE@IBAUK.COM**